# MARA MICLEA

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#### Skills -

- Psychotherapy
- Clinical psychology
- Social and organizational psychology

### Education and Training -

Università degli Studi di Padova | Padova Master of Arts (M.A.), Clinical psychology

• Exchange semester – Erasmus+ Scholarship

# Babeș-Bolyai University | Cluj-Napoca Master of Arts (M.A.), Clinical psychology, Psychological counseling and Psychotherapy (Techniques) *Expected in 06/2022*

• Awarded full Merit scholarship for academic excellence

#### Babeş-Bolyai University | Cluj-Napoca Bachelor of Arts (B.A.), Psychology

06/2019

Social psychology, Organizational psychology, Clinical psychology, Psychotherapy

- Amongst top 2% students in university
- Awarded full Merit scholarship for academic excellence
- Thesis: The effectiveness of a stress management e-coaching program: a randomized controlled trial (Grade: 10/10)

# Babeș-Bolyai University | Cluj-Napoca

# Bachelor of Laws (LLB), Law

Expected in 06/2022

Constitutional law, Civil law, European Union law, Criminal Law

- Awarded **special prize** in a National Moot Court Competition
- Conducted research in Legal psychology in two Romanian state penitentiaries

# Work Experience

Tod Ramona Valeria - Attorney at law,<br/>Cluj-NapocaCommon<br/>• ALegal Internm11/2019 - 12/2019

Sykes Enterprises Eastern Europe, Cluj-Napoca **HR Intern** 08/2019 - 09/2019

- Commercial law, Labor and employment law, Civil law
- Assisted lead attorney in representation of clients and organized and maintained public access files.
- Analyzed company's employee engagement and retention trends.
- **Conducted 1:1 interviews** with over 50 employees to find out the main sources of satisfaction and dissatisfaction with their jobs, **recommended solutions** to the existing problems, and **presented the conclusions** to management.
- **Interview applicants** to match experience to specific job-related requirements.

The Romanian Youth Council, Bucharest International Relations Officer

• **Organized and facilitated** a study session on youth policy development organized in partnership with the Council of Europe (Budapest, HU).

- Legal psychology
- Civil Law
- Legal research

06/2018 - 08/2019	• Worked as a rapporteur for two workshops on youth mental health at EU Youth Conference organized during the Romanian Presidency of the Council of the European Union (Bucharest, RO).
The Government of Romania, Bucharest Intern	Ministry of Justice of Romania, Human Resources Department
07/2017 - 09/2017	<ul> <li>Improved and updated the Ministry's Interview Guide, my version receiving recognition from the executive director</li> <li>Helped developing human resources strategies and policies</li> </ul>
	Government of Romania InternshipGovRo 2017 – Mihai Tudose, 66th Prime Minister of Romania -Aided in official delegations and visits to public institutions -Aided public policy consultancy
	• Modelled an official Government meeting with fellow interns, forming a cabinet of ministers and state secretaries; wrote a legislative initiative, in compliance with the official legislative procedures.
Cognitive Neuroscience Laboratory, Cluj- Napoca <b>Research Intern</b> 01/2017 - 06/2017	• <b>Developed experimental designs</b> for several studies on emotion and cognition.
Volunteering experience	
Equality and Human Rights Action Center, Cluj-Napoca <b>Volunteer</b> 12/2019 – 11/2020	• <b>Managed</b> human rights violation cases by quickly finding the victim a lawyer who is willing to work pro bono.
Tășuleasa Social, Bistrița-Năsăud Volunteer Coordinator 06/2013 - 12/2017	• <b>Coordinated a team of 10</b> and successfully completed a charity educational project by delivering over 500 packages a day to children in rural communities.

#### Interests -

- Lindenfeld Association: worked as a volunteer in the "Growing GREAT" program, a nation-wide educational program offering support to children and youth who are in foster care
- Romanian Alliance for Suicide Prevention: qualified as a suicide hotline volunteer (2017)